



AJITHA E

Professional
Associate Professor

Contact

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Personal Strengths

Self Confident

Good decision maker
and leader

Win-Win Attitude

Language

Tamil

English

Malayalam

About Me

To work in a challenging environment that will allow full utilization of my abilities and where I will have the opportunity for continuous escalation and development.

Educational

2005 - 2006	GOVT Hr. Sec. School, Udayamarthandam
S.S.L.C	
2007 - 2008	ST. Bernadette'S Hr.Sec.School, Mangalakuntu
H.S.c	
2008 - 2012	Sree Mookambika College Of Nursing, Kulasekharam
B.Sc(Nursing)	
2014 - 2016	C.S.I Jeyaraj Annapackiam College of Nursing, Madurai
M.Sc(Nursing)- Medical and Surgical Nursing	

Experiences

2012-2013 (1 Year)

Staff Nurse - Sree Mookambika Institute Of Medical
Sciences Hospital, Kulasekharam

2013-2014 (6 Months)

Tutor - C.S.I Eliza Caldwell College of Nursing, Tirunelveli

2016-Till date

Associate Professor- Sardar Rajas College of Nursing,
Kavalkinaru

Dissertation

A STUDY TO EVALUATE THE IMPACT OF INSTRUCTIONAL MODULE ON CORONARY ARTERY DISEASE RISK FACTORS IN ASSESSING KNOWLEDGE AND PERCEPTION AMONG ADULTS AT SELECTED VILLAGES IN MADURAI.

Publication

- A study to assess the knowledge and practice regarding dietary regulation among chronic renal failure patient undergoing hemodialysis in selected hospital at tirunelveli district - Asian Pacific Journal Of Nursing.2023,10(2),103-105.
- A study to assess the stress level among fourth year BSC nursing students in selected colleges - European Journal of Nursing. 2023;10(1):1-2.
- A pre experimental study to assess the effectiveness of intradialytic stretching exercise upon muscle cramps among patients undergoing haemodialysis -GRJ Volume 9, issue8,2023

Workshop - Programmes Attended on

- Amelioration in Nursing Education
- Pulmocon
- Disaster Management
- Living with Schizophrenia
- Combating microbes in hospital critical area
- CRIT - CARE 2024 - Embrace Excellence in quality critical care Nursing

Personal Profile

Husband's Name :

Mr. N. Balakrishnan

Date of Birth :

08-03-1991

Sex :

Female

Marital status :

Married

Nationality :

Indian

Religion :

Hindu

Blood Group :

O positive

Registration

B.Sc (Nursing) - The Tamil Nadu Nurses and Midwives Council, Chennai, India

M.Sc (Nursing) - The Tamil Nadu Nurses and Midwives Council, Chennai, India

RN/RM NO (Registered Nurses and Midwife) - 127000

Skills

- Communication. Communication skills involve a combination of skills including active listening, observing, speaking and empathizing.
- Critical thinking and problem solving.
- Time management and stamina.
- Ethics and confidentiality.
- Teamwork and dependability

Declaration

I hereby declare that all the information furnished above is true to the best of my knowledge and belief.

E. Ajitha